



Sutherland Forest Grove Community Association

Box 32003 Erindale Postal Outlet S7S 1N8

www.sutherlandforestgrove.ca

Annual General Meeting (AGM) and Registration Dates

AGM - Wednesday, September 3rd, 6:30 p.m. at Forest Grove School
Registration to follow AGM until 8:30 p.m.

Second Registration Night: Thursday, September 4th, 6:30 p.m. to 7:30 p.m. at Bishop Filevich

August 2008

2008 – 2009 Executive Members		
President	Your Name Here	Vacant
Vice President	Your Name Here	Vacant
Secretary/Memberships	Mary Beckett	249-0236
Treasurer	Tammy Knuttila	249-0862
Communications	Sandra Taylor	373-7738
Special Events	Your Name Here	Vacant
Indoor Co-ordinators	Raelene Petracek Kim Smith	373-4379 242-2149
Adult Co-ordinator	Your Name Here	Vacant
Children's Co-ordinator	Your Name Here	Vacant
Youth Co-ordinator	Zachary Jeffries	934-0578
Basketball	Mike Nelson	978-5739
Softball	Jennifer Hart	373-2421
Indoor Soccer	Kevin Street	373-0515
Outdoor Soccer	Kim Duggan	373-4337
Soccer (Aurora)	Rick Agrey	374-5395
Football	Craig Hinz	955-9676
Rink Co-ordinator	Darwin Taylor	373-7738
Inventory	Wanda Altman	249-1861
Member-at-large	Lorrie Willms	652-8753

Current and Expected Executive Vacancies

President	Children's Co-ordinator	Special Events
Vice President	Indoor Co-ordinator	Adult Co-ordinator
Indoor Soccer and Outdoor Soccer		

President's Message

Welcome back!

All of us on the Sutherland-Forest Grove Community Association hope that you all had a great summer and are ready for another activity-packed year. We are offering a few new programs again and some of the old favorites. We hope that you come out and join us.

Once again, we have quite a few executive positions vacant and we hope that you will step forward and join us. If these positions do not get filled, the programs have a good chance of not running.

*Kim Smith
President*

Football Registration Wednesday, August 27th

Please note that football registration will be held on Wednesday, August 27th at Forest Grove School from 7:00 pm to 9:00 pm. The cost is \$40.00. If you cannot register on this night for football, please call Craig at 292-7774 or email him at craig@hvb.ca.



Community Association Membership is \$10.00/household (Sept 2008–Aug 2009). SFG also honors other Community Assoc. Memberships. A late fee of \$20.00 may be applied to registrations after the last scheduled night. Early registrations are not accepted. Your continued patience at registration is appreciated. Thank-you!

INDOOR PROGRAMS – FALL 2008

** indicates a joint program with the Erindale/Arbor Creek and/or the Silverspring Community Associations

The following is a list of programs offered by the Sutherland-Forest Grove Community Association for the fall session. If you have any questions, please call one of the Indoor Co-ordinators listed on the front of this newsletter.

Registration Information:

1. A parent or guardian must be present to sign waivers for children.
2. Registration is taken on a first-come, first-served basis. Several programs have limited enrollment.
3. Refunds will be granted if the SFG Community Association cancels a program/activity or if the participant provides a physician's certificate stating that he/she is unable to participate due to medical reasons. All requests for refunds must be submitted in writing to the SFG Community Association Executive. Refunds will be limited to the cost of the program itself.
4. The SFG Community Association reserves the right to cancel any program that does not receive sufficient enrollment or have an instructor by registration night.
5. SFG classes are usually **9 weeks** in duration, unless otherwise indicated. Classes run by Silversprings and Erindale/Arbor Creek are usually **10 weeks**.
6. Classes may be subject to cancellation as the schools have first priority on their gyms and facilities. Rescheduling may not be an option at that time.

PLEASE NOTE:

Parents/Guardians must be available and remain at the site at all times (arrangements can be made with another parent to be responsible for your child). You will be required to be a hall monitor on a rotating basis for the class or activity your child is participating in.

We require someone from each class to volunteer as a convener. This involves assisting with phoning in the event of a cancellation or change and distributing class lists, instructor packages, etc. This small investment of your time will assist the coordinators immensely.

Age Day Time* Location Start Cost

**All times listed are PM unless otherwise indicated.*

Toddlers/Children

Blast Ball **

A very simple concept utilizing the skills of softball in a fun, fast paced activity for young players. Choose one of the two evenings offered: Mon or Thurs at Bishop Filevich School (formerly Holy Family).

3-4 yrs	Mon	6:15-7:00	B. Filevich	Sep 22	\$25
3-4 yrs	Thurs	6:15-7:00	B. Filevich	Sep 25	\$25
5-7 yrs	Mon	7:00-8:00	B. Filevich	Sep 22	\$25
5-7 yrs	Thurs	7:00-8:00	B. Filevich	Sep 25	\$25

Creative Play ** – NEW!!

Toddlers will have a chance to learn songs, make crafts and enjoy story time.

1.5-3yrs	Thurs	6:30-7:30	Ebenezer Baptist Church	Sep 18	\$25
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Kidersize – Parent and Tot **

Activities to suit the active lifestyle of a 2 or 3 year old. With your child, experience fun through music, games and run and tumble activities.

2-3 yrs*	Tues	6:00-6:30	St. Volodymyr	Sep 23	\$20
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* An adult must accompany the child.

Kidersize - II **

Designed for 4 and 5 year olds, this program will offer your child the opportunity to enjoy music, games and run and tumble activities on their own.

4-5 yrs	Tues	6:30-7:00	St. Volodymyr	Sep 23	\$20
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Move To Music

An interactive class that introduces children to music by playing games, running, skipping, galloping and developing balancing and imagery skills.

3.5-5yrs	Wed	6:00-6:45	B. Filevich	Sep 24	\$20
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Play And Chat ** – NEW!!

New mothers of infants/toddlers have a place to go and visit with other mothers.

0-3yrs	Tues	10am-11am	Ebenezer Baptist Church	Sep 16	FREE
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Children's Co-ordinator Required

*The programs listed above will not run this fall if the executive position of Children's Co-ordinator is not filled before the AGM (Annual General Meeting) on Wed, Sept. 3rd at 6:30pm at Forest Grove School. If you are interested in filling the position, contact Kim Smith at 242-2149 for more information. Last year there were about **260 children** that registered for fall and winter programs – that's a lot of very disappointed children this year if no one volunteers to fill this position. The main responsibilities of the Children's Co-ordinator are: preparing registration forms for children's programs, assisting at registration nights and submitting lists of participants for each children's program to the Indoor Co-ordinator. The time commitment is moderate and seasonal (the busiest during registration times of September and January). Please consider becoming part of our Executive – we'd love to have you!*

Remember... Executive Members receive a FREE community association membership and are able to sign up for classes BEFORE the general public.

Age Day Time* Location Start Cost
**All times listed are PM unless otherwise indicated.*

Children/Youth

Adapted Soccer

A fun, non-competitive opportunity for children with physical and/or intellectual challenges to learn soccer skills. The goals of this program are: physical fitness, fun with peers and learning new skills.

8-15 yrs Wed 7:00-8:00 Forest Grove School Sep 24 \$20

Astronomy ** – NEW!!

Very interactive! There will be a chance to look at the stars each night.

10-14 yrs Wed 7:00-8:00 Mother Teresa Science Room Sep 17 \$30

Babysitting **

This is an 8-hour course that is certified by St. John's Ambulance, with a qualified instructor. Participants must be 12 years old by the end of the class. Please bring a doll or teddy bear a suitable size for practicing diapering. Saturday participants bring a sizable snack.

12+ yrs Mon 6:30-8:30 J.G. Egnatoff TBA \$25

12+ yrs Thurs 6:30-8:30 Ebenezer Baptist Church TBA \$25

12+ yrs Sat 9am-1:00 St. Volodymyr TBA \$25

Floor Hockey **

Skills and practice followed by a pickup game.

6-8 yrs Thurs 6:00-7:00 St. Volodymyr Sep 25 \$20

9-12 yrs Thurs 7:00-8:00 St. Volodymyr Sep 25 \$20

Hip Hop

9-12 yrs Wed 7:15-8:00 Bishop Filevich Sep 24 \$25

Jazz And Hip Hop

An introduction to the fundamentals of jazz and hip hop in a fun atmosphere.

6-8 yrs Wed 6:45-7:15 Bishop Filevich Sep 24 \$20

Kids Cooking

A great way to learn the basics of cooking.

7-9 yrs Tues 6:00-7:15 St. Volodymyr Sep 23 \$30

NOTE: One adult is required at each class to assist.

Kids Cooking II

This class is for the boys and girls who want to expand their kitchen cooking skills.

9-12 yrs Wed 6:00-8:00 St. Volodymyr Sep 24 \$40

NOTE: One adult is required at each class to assist.

Learn To Draw **

An introduction to a variety of mediums and techniques.

6-10 yrs Tues 6:00-7:00 Forest Grove School (9 weeks) Sep 23 \$25

10-14 yrs Tues 7:30-8:30 Mother Teresa School (10 weeks) Sep 16 \$30

Modelling ** – NEW!!

A representative from "She Modelling Agency and School" will be instructing classes on make-up, style and self-confidence.

11-15 yrs Wed 7:00-8:00 Silverspring School Sep 17 \$25

Scrapbooking – Mother/Daughter **

9+ yrs Thurs 7:00-8:30 J.G. Egnatoff Art Room Sep 11 \$10

Sew Much Fun **

7-10 yrs Tues 6:30-7:30 J.G. Egnatoff TBA \$30

11+ yrs Tues 7:45-8:45 J.G. Egnatoff TBA \$30

Age Day Time* Location Start Cost

**All times listed are PM unless otherwise indicated.*

All Ages

Family Swim (10 evenings)

1 1/2 hours of relaxing family entertainment at Lakewood Civic Centre. A great deal, the cost for a family swim during regular hours is \$13.80!

Family Sun 7:00-8:30 Lakewood Civic Centre Sep 14 \$55 Fall or \$105 Fall/Winter

Genealogy For All ** (4 classes)

11+ yrs Wed 7:00-8:30 Sutherland School Oct 1 \$15

Karate For All **

Parents, learn karate with your child from a qualified instructor. The children participate for about an hour (or longer, if they want).

5+ yrs Tues 6:00-7:30 Bishop Filevich Sep 23 \$15/person or \$30/family

Age Day Time* Location Start Cost

**All times listed are PM unless otherwise indicated.*

Youth Drop In

Me Ta We Tan Centre

A drop-in centre open to all children and youth ages 6-14. Qualified leaders will provide a varied slate of activities with a First Nations focus. There is no registration fee but participants will be required to fill out a registration form at the drop-in centre.

6-14 yrs Tues 7:00-9:00 Sutherland School Sep 23 FREE

Youth Night – NEW!!

Come out and try the new format for the youth drop in night: planned activities with a different focus each week.

10-14 yrs Thurs 7:00-9:00 Forest Grove School Oct 2 FREE

Age Day Time* Location Start Cost
 *All times listed are PM unless otherwise indicated.

Adult

Aerobics

Unfortunately, Darcie is unavailable for the fall session but aerobics will return in January. Check your newsletter or the website for winter registration and class information.

Basketball – Men’s Rec **

Approximately 10 classes in the fall session and 15 classes in the winter session.

18+ Tues 9:00-10:15 Silverspring School Sep 16
 \$10 Fall or \$25 Fall/Winter

Belly Dancing - Beginner

A fun way to get a great abs workout.

18+ Thurs 7:00-8:00 Sutherland School Sep 25 \$25
 18+ Thurs 8:00-9:00 Sutherland School Sep 25 \$25

Card Making ** – NEW!!

5 classes – every second Thursday.

18+ Thurs 8:00-9:00 Mother Teresa Sep 18 TBA
 Science Room

Cooking ** – NEW!!

Each class is one day. The classes are being held at “Sous Chef”. Participants must be 18+. Please register for each class individually.

Indian Wed, Sep 17 from 7:00-10:00pm \$40
 Thai Tues, Oct 7 from 7:00-10:00pm \$40
 Sushi Wed, Oct 22 from 7:00-10:00pm \$40

Core Body ** – NEW!!

An abdominal and back workout - toning your abs and improving your flexibility, trunk stability and balance.

18+ Wed 8:00-9:00 Centennial Sep 24 \$25
 Collegiate Dance Studio

Floor Hockey - Co-ed **

18+ Sun 7:00-8:30 Father Robinson Sep 21
 \$15 Fall or \$25 Fall/Winter

Self-Defense ** – NEW!!

16+ Wed TBA Silverspring TBA \$45
 School – Small Gym

Step Aerobics ** – NEW!!

Participants must supply their own step.

18+ Wed 7:00-8:00 Centennial Sep 24 \$25
 Collegiate Dance Studio

Stretch And Tone **

18+ Tues 6:30-7:30 J.G. Egnatoff Sep 23
 \$25 Fall or \$40 Fall/Winter

Strippercise **

18+ Mon 8:00-9:00 Centennial Sep 22 \$40
 Collegiate Dance Studio

Volleyball - Co-ed Rec

A slower-paced, non-competitive game for fun and fitness.

18+ Thurs 8:30-10:00 St. Volodymyr Sep 25
 \$20 Fall or \$35 Fall/Winter

Volleyball - Competitive Co-ed

For more experienced players who want their fun at a slightly faster pace. Choose your night: Mon, Tues or Wed.

18+ Mon 8:30-10:00 St. Volodymyr Sep 22
 18+ Tues 8:30-10:00 St. Volodymyr Sep 23
 18+ Wed 8:30-10:00 St. Volodymyr Sep 24
 \$20 Fall or \$35 Fall/Winter

Yoga - Intermediate **

18+ Mon 8:00-9:00 Sutherland School Sep 22 \$35
 (9 weeks)
 18+ Thurs 8:00-9:00 Centennial Collegiate Sep 25 \$40
 Dance Studio (10 weeks)



Just getting back into exercise?
 Look for the **Smart Start** Logo -
 it indicates programs that would
 have a level appropriate for you.

Adult Co-ordinator Required

The programs listed above **will not run this fall if the executive position of Adult Co-ordinator is not filled before the AGM (Annual General Meeting) on Wed, Sept. 3rd at 6:30pm at Forest Grove School.** If you are interested in filling the position, contact Kim Smith at 242-2149 for more information. Last year there were about **480 adults** that registered for fall and winter programs – that’s a lot of very disappointed community members this year if no one volunteers to fill this position. The main responsibilities of the Adult Co-ordinator are: preparing registration forms for the adult programs, assisting at registration nights and submitting lists of participants for each children’s program to the Indoor Co-ordinator. The time commitment is moderate and seasonal (the busiest during registration times of September and January). Please consider becoming part of our Executive – we’d love to have you!

Remember... Executive Members receive a FREE community association membership and are able to sign up for classes BEFORE the general public.

Indoor Soccer

Age Group	Year Born	SFG Fee	Game Days
Under 6 (co-ed)	2003/2004	\$80	Mon to Fri
Under 8* Girls	2001/2002	\$95	Sat/Sun
Under 8* Boys	2001/2002	\$95	Sat/Sun
Under 10* Girls	1999/2000	\$120	Mon/Thurs
Under 10* Boys	1999/2000	\$120	Mon/Thurs

**Under 8 and Under 10 will have practice time once a week Monday to Friday.*

Hello soccer parents. I hope you and your young soccer players had a great summer. As we start into another year of Indoor Soccer, the call goes out to all parents to volunteer your time to make your child's soccer season possible. **Besides needing coaches and assistant coaches, we are in need of a volunteer(s) to help with the coordinating duties this year and then to continue as Indoor Soccer Coordinator next year.** Thank you to all who volunteered their time last season. Your children could not have played without your help.



A uniform deposit will be required for each player. Please **bring a \$35 deposit cheque, post-dated for April 1, 2009 when you register.** There will be a \$20 late fee for any registrations after the last registration night (Sept. 4th), until the teams are filled.

*Kevin Street
Indoor Soccer Co-ordinator*

Aurora Soccer

The Aurora Soccer Club will be holding registration for the indoor soccer season as follows:

Tuesday, August 26th, 7:00 – 9:00 p.m.

Location – Alice Turner Library

Thursday, August 28th, 7:00 – 9:00 p.m.

Location – Evan Hardy Collegiate

Registration is for soccer players born from 1993 to 1998 as follows:

Age Group	Year Born
Under 12	1997 - 1998
Under 14	1995 - 1996
Under 16	1993 - 1994
Under 18*	1991 - 1992

**Under 18 players must register with Saskatoon Youth Soccer.*



Fees for the 2008-2009 season will be \$320 per player. For more information: contact Garry Harder (Registrar) at 373-5844, see the Aurora newsletter (to be delivered to all current soccer players) or check the Aurora website at www.aurorasoccer.ca.

Applications for Kidsport will be available at registration for those families needing financial assistance or you may contact Kidsport directly.

Basketball

Age Group	Grade or Year Born	Cost
Spuds	Grades 3 and 4 – 1999 or 2000	\$65
Mini	Grades 5 and 6 - 1997 or 1998	\$85
Bantam	Grades 7 and 8 - 1995 or 1996	\$95
Midget	Grades 9 and 10 - 1993 or 1994	\$110
Juvenile	Grades 11 and 12 - 1991 or 1992	\$135

Thank You!!

A big **THANK YOU** to **Barry at "Eastside Paint & Wallpaper"** for donating a paint sprayer to paint the boards on the rink at Sutherland School. Also, to **Doug at the "Rent It Store"** for donating a heavy-duty extension cord for the sprayer. It is the support of our local businesses that make our community the great place that it is.

Cost As A Barrier

Your Sutherland-Forest Grove Community Association is sensitive to the needs of families facing financial hardships and may partially, or fully, fund participation fees in various activities. Subsidization is only to cover cost of program and will not include membership to the Community Association. Subsidization is limited to one activity per person per session and is available only to those who reside within our community boundaries. For information, please contact the President at Registration.

Instructors Required For Sutherland-Forest Grove Community Association

Instructors for **Floor Hockey** and **Drawing** classes are still required in order for these programs to run this fall. If you are interested, please contact Raelene Petracek at 373-4379.

Instructors Required For Silverspring Community Association

Instructors for **Gymnastics** and **Creative Play** classes are still required in order for these programs to run this fall. If you are interested, please contact Tammy at 955-2643.



Girl Guides
of Canada
Guides
du Canada

**2008-2009 UNITS (proposed)
meeting near you!**

SPARKS – for girls in Kindergarten/Grade 1
Mondays 6 – 7 p.m. (Dr. John G. Egnatoff School)
Tuesdays 6:15 – 7:15 p.m. (Silverspring School)
Wednesdays 6:15 – 7:15 p.m. (Forest Grove School)

BROWNIES – for girls in Grades 2/3
Mondays 6:15 – 7:45 p.m. (Dr. J. G. Egnatoff School)
Tuesdays 6:15 – 7:45 p.m. (Forest Grove School)
Wednesdays 6:15 – 7:45 p.m. (Forest Grove School)

GUIDES – for girls in Grades 4/5/6
Thursdays 7 – 9 p.m. (Forest Grove School)

PATHFINDERS – for girls in Grades 7/8/9
Thursdays 7 – 9 p.m. (Forest Grove School)

REGISTER AT:

Girl Guide House – 801 Preston Avenue
From September 2: Monday – Friday 9 a.m. - 5 p.m.
Saturday 11:30 a.m. – 4 p.m.

**Also Father Vachon School – 3722 Centennial Drive
and Girl Guide House**

September 15 and 16: 5 p.m. to 8 p.m.

Questions? Check out:

<http://members.shaw.ca/DayLightsGuiding08FAQs/>
or, from Sept. 2, call the Area Guide Office at **652-3275**

Volunteer opportunities are available for women (18+)
Fun, Friendship and Adventure await - join us!

Got Something To Share?

Do you have a special skill or ability that you would be willing to share with members of the community? The SFG Community Association is always looking for new classes to offer. If you are interested in becoming an instructor for a new class, contact Raelene Petracek at 373-4379 to discuss your ideas!



Programs at the
**Alice Turner
Branch Library**
110 Nelson Rd. 975-8127

September, October, November

- Story Times · Baby Talk · Book Club
- Computer Programs · Book a Birthday Party
- Perspectives on Aboriginal Treaties Class
- Special Programs for Kids · Make a Wine Cork Trivet
- Saskatchewan Library Week is October 20th – 27th

**The Alice Turner Branch Library Turns 10 Years Old
on November 28th!**

All Library programs are free of charge.

For information on programs at all Saskatoon Public Libraries visit
www.saskatoonlibrary.ca or pick up the latest issue of **Library News**.



Send your child to Preschool or Prekindergarten at Sutherland School!

Are you looking for a preschool or prekindergarten
for your 3 or 4 year old child?
We have a spot for you!

The Sutherland Preschool Co-operative
offers the following options:

- half-day program twice a week
- half-day program three times a week



Sutherland Prekindergarten offers a half-day
program on a daily basis, five times per week.

Please call 683-7460 for more information about
any of these programs.

We have just over 200 students at Sutherland
School. We'd love to have your child join our
school family.

Sutherland School
1008 Ebert Avenue
683-7460



SFG Community Association President Required

The position of President must be filled this fall. The role of the President is to co-ordinate the activities of the Association and ensure the objectives of the Association are carried out. Main responsibilities include: presiding at monthly Executive meetings and at the AGM of the Association, assisting the Secretary in meeting agenda preparation, ensuring that Executive members are given training in their duties, ensuring that committees are organized and they undertake and complete required tasks, signing authority for the Association bank accounts and any legal documents/contracts entered into by the Association, preparing and submitting grant applications in conjunction with the President Elect and other relevant co-ordinators, overseeing and proofreading the contents of the newsletter, assisting at registration nights, etc. The time commitment is intense but rewarding!! Contact Kim Smith at 242-2149 for more information.



The Sutherland-Forest Grove newsletter is printed by **Globe Printers**, a printing company located in your community at 217 Jessop Avenue. See what they have to offer you at www.globeprinters.com.